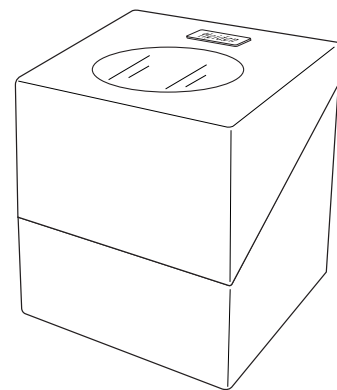


# H Heiden

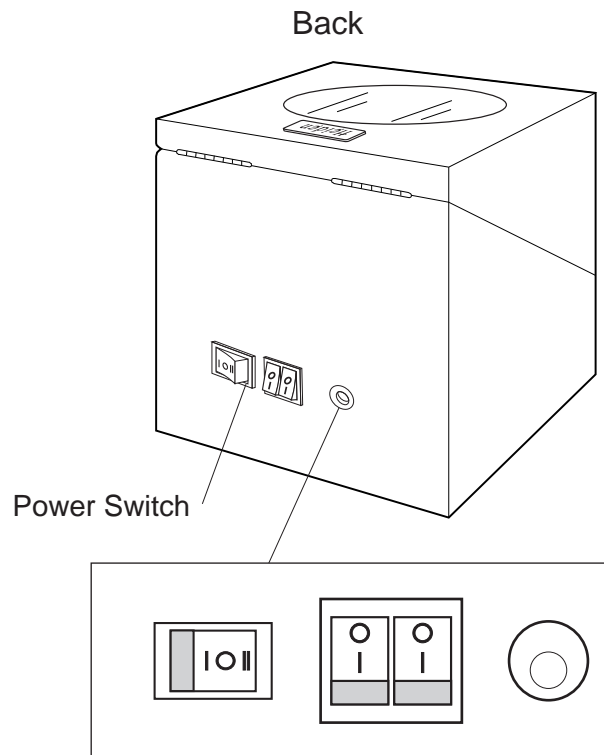


Instruction Manual

105mm

105mm

148.5mm







Power Switch and Direction Settings	
	CLOCKWISE
	POWER OFF
	COUNTER-CLOCKWISE

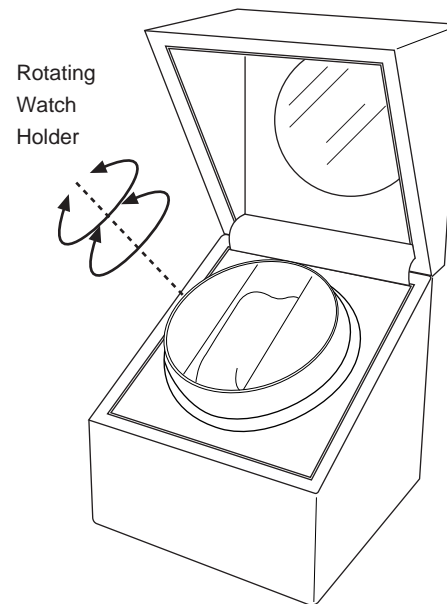
**WARNING:**

- 1) Avoid exposing the watch winder to direct sun, water or other moisture, and extreme temperatures which may damage the box.
- 2) Turn off the power when not in use.

The watch winder has four modes to wind your watch.  
 Please set the switches as follows to set a mode.  
 Please note Mode 1,2 and 4 can be set to clockwise  
 or counter-clockwise. Mode 3 is bi-directional.

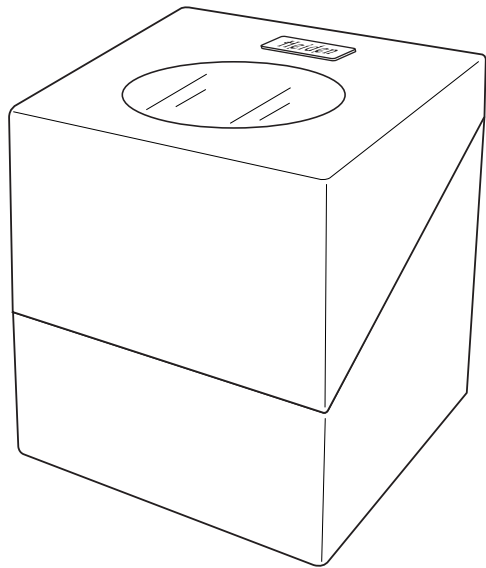
Programmable Operating Instructions		TPD
Mode 1: The winding time is 60 seconds on, then 12 minutes off, then repeats until watch is wound.	 Mode 1	1460
Mode 2: The winding time is 60 seconds on, then 15 minutes off, then repeats until watch is wound.	 Mode 2	1178
Mode 3: The winding time is 60 seconds, then 18 minutes off, then 60 seconds in the opposite direction, then 18 minutes off, then repeats until watch is wound.	 Mode 3	988
Mode 4: The winding time is 60 seconds, then 24 minutes off, then repeats until watch is wound.	 Mode 4	746

NOTE: To change modes, turn off the power first. Then, once the mode is changed, turn the power back on.



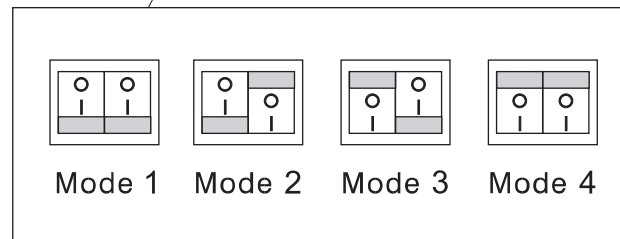
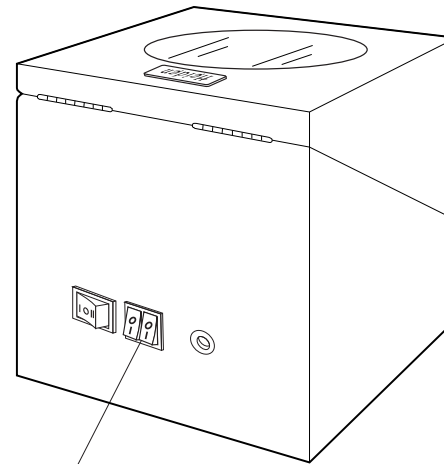
The C-watch holder can rotate a maximum weight of 1/3 pound - operated under a 6V transformer.

Automatic watch winding display  
box instruction for  
**HD 001**



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